

100 JAIN CELEBRITIES

BHARHESAR KI SAJJAI



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- ❖ Sjjai =a poem that inspires self realization/swadhyay
- ❖ This sjjai is recited during the morning (rai) Pratikraman
- ❖ Namavali -- has names of 100 great souls: men and women.
- ❖ Why ? Getting inspired from the life stories of great people by empathizing with them -- putting ourselves in their shoes.
- ❖ Name of sjjai is from the first great soul: Bharhesar /Bharat Rajeshwar / Emperor Bharat.

MAHASATVO/ GREAT MEN:
1) BHARAT (BHARHESAR)
2) BAHUBALI



BHARHESAR KI SAJJAI

"भरहेसर बाहुबली अभयकुमारो अ ढंढण कुमारो
सिरीओ अणिया-उत्तो अई-मुत्तो नागदत्तो अ ॥ १ ॥

1) Bharhesar 2) Baahubali 3)Abhay kumaaro a

4)Dhandan kumaaro

5)SiriO 6)Aniyaautto, 7)Aimutto, 8)Naagdatto a || 1 ||

GOAL OF SAJJAI

A-maaE mahaasattaa dintu suham guna-ganehim
sanjuttaa

Jesim naam-aggahaNe, paavap-bandhaa vilijjanti ||
7 ||

These and other great men, full of great virtues,
We destroy our sins by remembering them, and pray
that they bless us with (true) happiness.

MAHASATVO/ GREAT MEN:

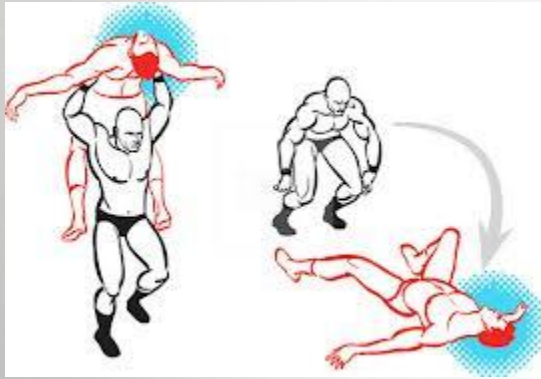
1) BHARAT CHAKRAVARTI (RECAP)

- ❖ Bharhesar=Bharateshwar= Bharat Chakravarti= Emperor Bharat
- ❖ City Ayodhya... Bharat.... Eldest of King Rishabhdev 100 sons. 2 daughters. (All of them went to Moksh eventually in the same lifetime).
- ❖ King Rishabhdev 's diksha: he renounced all his possessions and became the first monk on this earth in search of the ultimate truth.

2) BAAHUBALI

- ❖ Bharat was establishing his supremacy over all the six continents
- ❖ Baahubali refused to give up the kingdom that he had inherited directly from his father.
- ❖ Bharat and Baahubali started fighting over the kingdom of Takshashila.
- ❖ Strange are the ways of this ever-changing Sansaar. Dharm is our only true friend.
- ❖ “Asthir sansaar maa koi nathi taaru, ek saachi chhe dharm saga ai rey”

2) BAAHUBALI (CONTINUED)

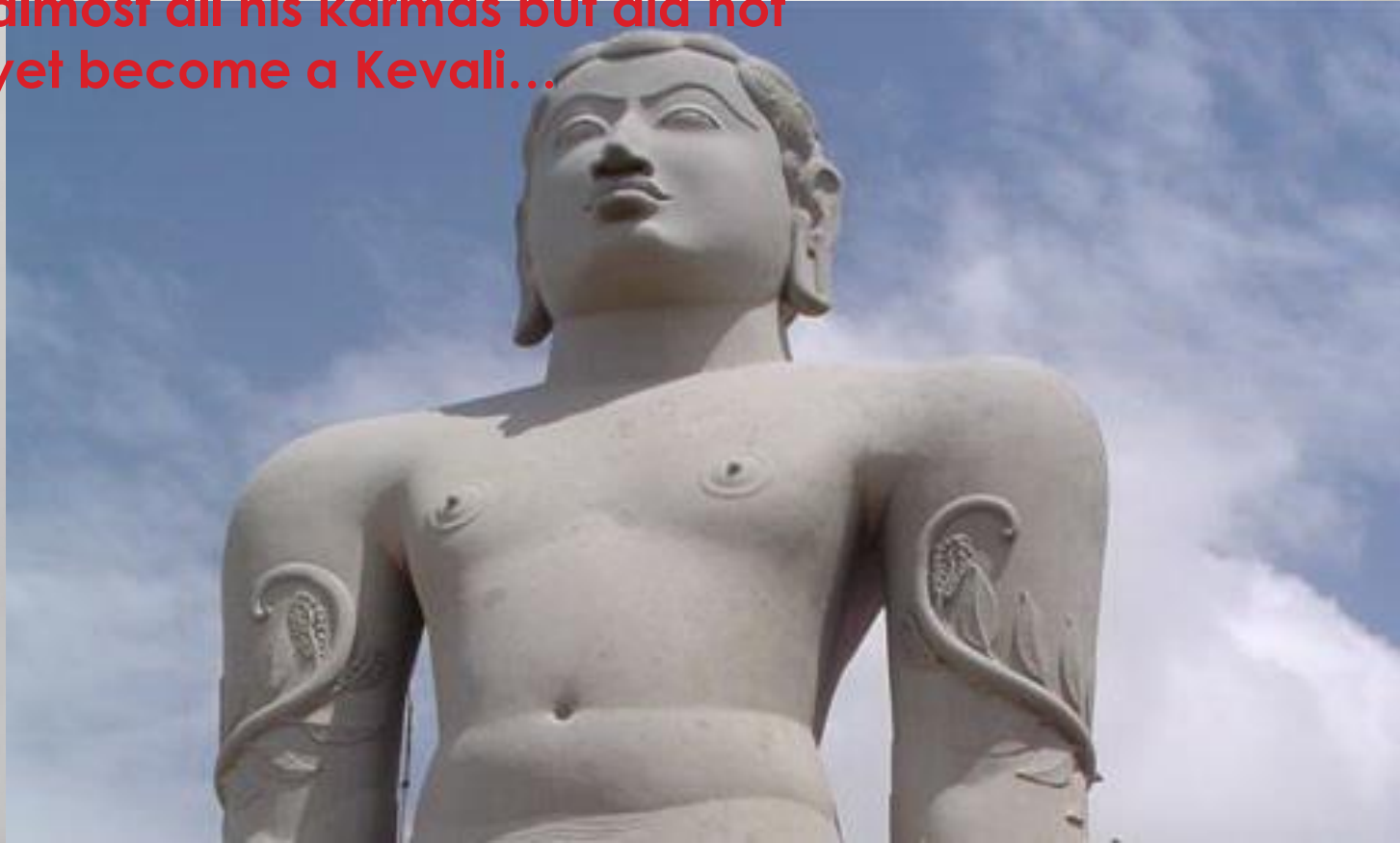


- ❖ Bharat and Baahubali started fighting over the kingdom of Takshashila.
- ❖ Bharat finally threw his powerful chakra on Baahubali

2) BAAHUBALI JI (CONTINUED)

- ❖ Just as Baahubali was about to defeat Bharat -- fist in mid-air --
"What am I doing?"
- ❖ Real strength is not in fighting other living beings
- ❖ Plucked his own hair off and renounced sansaar
- ❖ Although Baahubali stopped himself from killing his brother, he felt awkward to bow down to all his 98 younger brothers who had become Kevali Bhagwan.
- ❖ Instead of going to Samvarsan, he gave up everything and stood motionless in kausagga dhyaan for 12 months!

**Facing cold, rain, heat destroying
almost all his karmas but did not
yet become a Kevali...**



2) BAAHUBALI JI (CONTINUED)

❖ Bhagvaan Rishabhdev asked Brahmi and Sundari to tell Bahubali to give up the last vestiges of maan kashaay-s that were obstructing his Keval gyaan.



2) BAAHUBALI JI (CONTINUED)

❖ Brahmi and Sundari sadhvijis told their brother:

"**Gaj thi heytha utro mora veera!**" and he started thinking which elephant they are asking him to get off?



2) BAAHUBALI JI (CONTINUED)

- ❖ *"What is wrong in bowing down to virtuous souls? Dharm is based on guna (virtues)... Though younger in physical age, they are more advanced in knowledge than me."*
- ❖ **And... As soon as he took one step towards Bhagwaan's samvasaran to bow down to his brothers....he eliminated all the last traces of Mohaniya Karma (and the 3 other ghaati karma-s) and attained Kevalgyaan!**

TAKE AWAYS / INSPIRATIONS FROM BAAHUBALI JI

- ❖ **Gunanuraag** : Our dharm is based on virtues (guna-s) and not wealth, status, qualifications, age etc
- ❖ **Vinay: I know nothing** – keeping this etched on our soul till we attain kevalgyaan. Dharm starts with Vinay.
- ❖ **Namaskaar Mahaamantra** : Namō = Bowing down = reinforcing their greatness, expressing gratitude. Bowing down to the great Panch Parmesthis. To Do: Daily 12 Navkar
- ❖ **“Baahubali bal akshya kino”** : Real use of strength/power/knowledge is to reduce Mohaniya karma

TAKE AWAYS / INSPIRATIONS FROM BAAHUBALI JI

❖ **Je Chaaritra Nirmala, je Panchaanan Simha
Vishay Kashaay ne Ganjiyaa, tey Pranmu nish-dish || 2 ||**

They are of pure character (or their upyog [attention] is fixed in their aatmaa), they are as ferocious as the [Kesari] Lions (against the elephants of Paap), and they have won over (and, in case of, Saadhus engaged in the battle to win over) the forces of Vishay (Sensual attractions) and Kashaay (Passions) : to all of them I respectfully bow down (and internally have the feeling of devotion all the time: day and night).