

100 JAIN CELEBRITIES

BHARHESAR KI SAJJAI



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- ❖ Sjjai =a poem that inspires self realization/swadhyay
- ❖ This sjjai is recited during the morning (rai) Pratikraman
- ❖ Namavali -- has names of 100 great souls: men and women.
- ❖ Why ? Getting inspired from the life stories of great people by empathizing with them -- putting ourselves in their shoes.
- ❖ Name of sjjai is from the first great soul: Bharhesar /Bharat Rajeshwar / Emperor Bharat.

MAHASATVO/ GREAT MEN:
1) BHARAT (BHARHESAR)
2) BAHUBALI



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"भरहेसर बाहुबली अभयकुमारो अ ढंढण कुमारो
सिरीओ अणिया-उत्तो अई-मुत्तो नागदत्तो अ ॥ १ ॥

1) Bharhesar 2) Baahubali 3)Abhay kumaaro a

4)Dhandan kumaaro

5)SiriO 6)Aniyaautto, 7)Aimutto, 8)Naagdatto a || 1 ||

GOAL OF SAJJAI

A-maaE mahaasattaa dintu suham guna-ganehim
sanjuttaa

Jesim naam-aggahaNe, paavap-bandhaa vilijjanti ||
7 ||

These and other great men, full of great virtues,
We destroy our sins by remembering them, and pray
that they bless us with (true) happiness.

MAHASATVO/ GREAT MEN:

1) BHARAT CHAKRAVARTI

- ❖ **Bharhesar=Bharateshwar= Bharat Chakravarti= Emperor Bharat**
- ❖ **City Ayodhya... Bharat.... Eldest of King Rishabhdev 100 sons. 2 daughters. (All of them went to Moksh eventually in the same lifetime).**
- ❖ **King Rishabhdev 's diksha: he renounced all his possessions and became the first monk on this earth in search of the ultimate truth.**

BHARAT CHAKRAVARTI CONTINUED...

- ❖ Ayodhya – Capital - to Bharat, Takshashila to Bahubali, other sons got the other regions
- ❖ When King Rishabhdev/ Adinath ji took diksha, 98 sons joined him. 4000 followers also joined him.
- ❖ Bharat was a born Chakravarti/ Emperor (one who conquers all six continents). All kings of the earth report to him. Bharat was the first Chakravarti of this time cycle.

BHARAT CHAKRAVARTI CONTINUED...

Although he did not take diksha.... In the court of Emperor Bharat:

- 1) You are conquered “Jito Bhavaan” / Tum Kashayon se jeete huyeho
- 2) Fear grows “Vardhte bhaye” /Kashayon ke karan bhay badh raha hai
- 3) Do not kill your ‘Self’ “Maa HaaN” / Atma ki Hinsa mat kar

BHARAT CHAKRAVARTI CONTINUED...

❖ One day, in his palace.... In his dressing room Bharat looked at himself in the mirror, and momentarily slipped into delusion, "Oh, I look so cool."

❖ Then... one of the rings slipped off his finger. Bharat looked at his naked finger and noticed that the same finger now looked so ugly without the ornament!

❖ **ANYATVA BHAVNA:** But who is this I? Is this the real I or is it my body?

BHARAT CHAKRAVARTI

CONTINUED...

❖ **True coolness cannot depend on external things.**

"Sunjog muulaa jeeveN, pattaa dukkha paramparaa, tamhaa sanjog sambandham savvam tiviheN vosiri-am" [Pre Bedtime Sutras/ Santhara Porsi]

Obtaining and losing is the root cause of the chain of sorrows that I (and all worldly beings) suffered, thus, I give up (mentally, verbally, and physically) all my external and internal belongings.

BHARAT CHAKRAVARTI CONTINUED...

- ❖ **Bharat started to climb on the ladder of spiritual progress (gunsthaanak). As his concentration (dhyaan) became deeper and deeper, he started to burn more of his karmas.**
- ❖ **Finally Bharateshwar purified his soul** by destroying all his harmful (ghaati) karmas and became "Really Cool" by attaining **Keval Gyaan (Infinite Knowledge)!**

TAKE AWAY
FROM BHARAT CHAKRAVARTI

- ❖ *The ring= our sansarik circle/ our mithya bhav/ delusion*
- ❖ **Bharat Chakravarti teaches us: True coolness is inside of you, and not outside. The reason we cannot see or feel this coolness is because of our karmas and hence we should try hard to destroy the karmas.**
- ❖ **He inspires us to see our true self every time we look in the mirror. Be like the great Emperor Bharat and get the wise eyes to see the true self."**