

# 100 JAIN CELEBRITIES

## BHARHESAR KI SAJJAI



# IN PRAISE OF SAJJAI

- ❖ *Arahad Vaktra Prasutam Ganadhar-Rachitam-Dwaadshaangam-Vishaalam*
- ❖ *Chitram Bahavarthayuktam Munigana VrushabhairDhaaritam Buddhi Madbhihi*
- ❖ *Mokshaagra-Dwaarabhutam Vrat Charan Phalam Gney Bhava Pradeepam*
- ❖ *Bhaktyaa Nityam Prapadhye ShrutMahamakhilam SarvaLok-E-k Saaram*

# IN PRAISE OF SAJJAI

❖ Emerged from the deshnaa of Arihants and composed in the form of the Dvadash Ang (12 Aagams), these Sutras that are voluminous, wondrous and contain deep meanings were held in the intellect by the chief of Sadhus [Achaaryas] and passed down through the tradition of Guru-Shisya.

These Sutras are the doorway to Moksha, their true essence can be grasped (only) as a result of Vrat-Chaaritra and like a lamp they illuminate the secrets [deeper meanings] of reality. I accept this Shrut knowledge with eternal reverence as it contains the essence of the entire universe [Reality].

# Q & A

1. How do we bind tiryanch gati and How do we destroy that karma? Aartaa dhyaan, Maya/Kapat. Destroy?
2. What is Aarta and Raudra Dhyaan? 4 types: Aarta - Raudra and Dharma – Shukla Dhyaan. Aarta: Stress / Feeling of anxiety in Ista viyog, Anishta Sangoy (wanting favorable situations and people) and constantly feeling entitled to get good things - riddhi nidan.
3. Once Gautam Swami asked Mahavir Swami – How do I avoid binding karma while walking, eating (daily activities).

# DHYAAN

What is Aarta and Raudra Dhyaan? 4 types: Aarta - Raudra and Dharma – Shukla Dhyaan.

Aarta dhyaan: Stress / Feeling of anxiety during....

- a) Ista sanyog (wanting favorable situations and people)
- b) Anishta viyog( not wanting unfavorable situations and people) and
- c) Persistent desire for less physical suffering.
- d) desire for better future pleasures and comforts (riddhi nidan – doing religious activities in order to get material pleasures).

# POSITIVE DHYAAAN

Replace the negative with positive dhyaan...

Dharma dhyaan:

- 1) Agnya vichay: Contemplation of reality.
- 2) Appay vichay : root cause of suffering
- 3) Understand Karma (vipak vichay)
- 4) Samsthan vichay – getting vairagya by understanding nature and structure of universe.

# Q & A

Once Gautam Swami asked Mahavir Swami – How do I avoid binding karma while walking, eating (daily activities)??

કહં ચરે ? કહં ચિટ્ટે ? કહમાસે ? કહં સણ ?  
કહં ભુંજંતો ભાસંતો? પાવં કમ્મં ન બંધઈ ॥ ૭ ॥  
સાધુ કેવી રીતે ચાલે ? કેવી રીતે ઉભા રહે ? કેવી રીતે બેસે?  
કેવી રીતે સુવે ? કેવી રીતે ભોજન કરે ? કેવી રીતે બોલે ? કે  
જેથી પાપકર્મનો બંધ ન થાય.

જયં ચરે, જયં ચિટ્ટે, જયમાસે જયં સણ ।  
જયં ભુંજંતો ભાસંતો, પાવં કમ્મં ન બંધઈ ॥ ૮ ॥  
સાધુ યતના પૂર્વક ચાલે, યતના પૂર્વક ઉભો રહે, યતના પૂર્વક  
બેસે, યતના પૂર્વક સુવે, યતના પૂર્વક ભોજન કરે, યતના પૂર્વક  
બોલે, જેથી પાપકર્મનો બંધ ન થાય.



# BHARHESAR KI SAJJAI

"भरहेसर बाहुबली अभयकुमारो अ ढंढण कुमारो  
सिरीओ अणिया-उत्तो अई-मुत्तो नागदत्तो अ ॥ १ ॥

1) Bharhesar 2) Baahubali 3)Abhay kumaaro a 4)Dhandan  
kumaaro 5)SiriO 6)Aniyaautto, 7)Aimutto, 8)Naagdatto a || 1 ||

❖ A-maaE mahaasattaa dintu suham guna-ganehim  
sanjuttaa

Jesim naam-aggahaNe, paavap-bandhaa vilijjanti || 7 ||

## **BHARHESAR KI SAJJAI ABHAYKUMARJI**

**Son of King Shrenik & Sunanda**

**Extremely, extremely intelligent – “Buddhi nidhaan”**

**When he was in womb, his mother gets the desire to go for pooja of Bhagvan with pomp and gaiety and give alms to the needy. Thus, name Abhay (without fear)**

**Amongst his various types of intelligence, one type was Padanusari labhdhi : just by listening to a fragment of mantra, he can recite the whole mantra**

# BUDDHI NIDHAAN ABHAYKUMAR JI

## 2 Examples of his Sharp intelligence:

1) Once King asked his Ministers, what is the cheapest thing these days? They said, Meat. Hearing this, Abhay kumarji was disturbed. So at night, he went to each of the ministers house and told them the King is suffering from a disease where he needs liver and I'm willing to give 1000 gold coins. Each one said, please take 1000 gold coins and don't mention our name but there's no way we can give our liver. Next day, he told the King that he could not get meat even for 1000 gold coins. How can it be the cheapest . He then went on to say, that life is the most precious thing for everyone. All beings love to live and therefore we have no right to kill anyone.

# **BUDDHI NIDHAAN ABHAYKUMAR JI**

## **2 Examples of his Sharp intelligence:**

**2) Once a monk was being ridiculed by the people. They kept telling him that because he could not earn a living in sansar he took diksha so he can get free food. The monk told his Guru Sudharma Swami and then at time Abhaykumar came for Guru vandan. So Sudharma Swami told him that we are considering doing vihar to leave this place. He requested them to stay for one more day. He then announced to all the town people that anyone that agrees to do**

# BUDDHI NIDHAAN ABHAYKUMAR JI

3 things can get 3 bags of jewels. Everyone was curious and thought they would do what he say to get the 3 jewel bags. Then when everyone had gathered, he announced that anyone that is willing to give up Electricity (Fire), Water and Woman (i.e., not marry) for lifetime will receive the 3 jewel bags. No one came forward and coincidentally the monk that they were making fun of was passing by, so Abhaykumar told him that since you've given up all these 3 things, you get the

# BUDDHI NIDHAAN ABHAYKUMAR JI

3 bags of jewels. The monk said I'm immersed in the sadhna of purifying my soul under the refuge of Vir Prabhu and Sudharma Swami and hence I have no need for these material jewels or any other material wealth. I am interested only in cultivating my 3 jewels : Ratnatrayi and the wealth of my own virtues. Hearing this everyone in the crowd was ashamed that they made fun of him and they thought he was interested only in money. They all bowed down to him.

## **TAKE AWAYS / INSPIRATIONS** **from ABHAYKUMAR JI**

### **Ratnatrayi**

- 1) Darshan – Janma marna di bhay tale sijhe jo darshan kaaj, ratnatrayi prapti bhani, darshan karo jinraaj**
- 2) Gyaan – Gyaan vadu sansar ma, gyan param sukh het; gyaan vina jag jeevda na lahe tatva sanket**
- 3) Charitra – Chay te sanche karma nu rike kare vadi je, charitra naam Niryukti kahyu, vandu te gun geha**